

## ***Eating In Restaurants, What The Bible Speaks About It? Prepare Your Food***

***“9 As soon then as they were come to land, they saw a fire of coals there, and fish laid thereon, and bread. 10 Jesus saith unto them, Bring of the fish which ye have now caught. 11 Simon Peter went up, and drew the net to land full of great fishes, an hundred and fifty and three: and for all there were so many, yet was not the net broken. 12 Jesus saith unto them, Come and dine. And none of the disciples durst ask him, Who art thou? knowing that it was the Lord. 13 Jesus then cometh, and taketh bread, and giveth them, and fish likewise.” (John 21:9-13 KJV)*** Here, we read about Jesus cooking food for his disciples. Jesus cared for His disciples who were discouraged because of the events of the crucifixion that had passed in front of their eyes. Jesus arranged suitable food for them to show His love and concern. We should also be aware of the fact that Jesus didn’t order food from restaurants. There is no mention of restaurants in the Bible that the people of God went there to order food. But what I was able to see is that the disciples of Jesus and the people of God prepared their own food and carried it with them when they moved around to do God’s ministry.

- A. “And they say unto him, We have here but five loaves, and two fishes.” (Matthew 14:17 KJV)***
- B. “And Jesus saith unto them, How many loaves have ye? And they said, Seven, and a few little fishes.” (Matthew 15:34 KJV)***
- C. “Then Joseph commanded to fill their sacks with corn, and to restore every man's money into his sack, and to give them provision for the way: and thus did he unto them.” (Genesis 42:25 KJV)***
- D. “And he said unto them, This is that which the LORD hath said, To morrow is the rest of the holy sabbath unto the LORD: bake that which ye will bake to day, and seethe that ye will seethe; and that which remaineth over lay up for you to be kept until the morning.” (Exodus 16:23 KJV)***
- E. “17 And when he had lifted up his eyes, he saw a wayfaring man in the street of the city: and the old man said, Whither goest thou? and whence comest thou? 18 And he said unto him, We are passing from Bethlehem judah toward the side of mount Ephraim; from thence am I: and I went to Bethlehem judah, but I am now going to the house of the LORD; and there is no man that receiveth me to house. 19 Yet there is both straw and provender for our asses; and there is bread and wine also for me, and for thy handmaid, and for the young man which is with thy servants: there is no want of any thing.” (Judges 19:17-19 KJV)***

The habit of eating in restaurants, especially every now and then is expensive and money-draining. We need to train ourselves to be independent in preparing our own food in our homes. That will be healthy as well as an economical way of life.

But in exceptional cases, when we travel, we may not be able to carry our food with us over long distances, or we may not be able to bring sufficient amount of food and in this case, we will need to buy our food from outside.

- A. “(For his disciples were gone away unto the city to buy meat.)” (John 4:8 KJV)***

Also, the Bible speaks about an inn to eat and sleep while traveling, like a hotel or guest house at that time.

- A. “And as one of them opened his sack to give his ass provender in the inn, he espied his money; for, behold, it was in his sack's mouth.” (Genesis 42:27 KJV)***
- B. “And it came to pass, when we came to the inn, that we opened our sacks, and, behold, every man's money was in the mouth of his sack, our money in full weight: and we have brought it again in our hand.” (Genesis 43:21 KJV)***
- C. “And it came to pass by the way in the inn, that the LORD met him, and sought to kill him.” (Exodus 4:24 KJV)***
- D. “And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn.” (Luke 2:7 KJV)***
- E. “34 And went to him, and bound up his wounds, pouring in oil and wine, and set him on his own beast, and brought him to an inn, and took care of him. 35 And on the morrow when he departed, he took out two pence, and gave them to the host, and said unto him, Take care of him; and whatsoever thou spendest more, when I come again, I will repay thee.” (Luke 10:34-35 KJV)***

Eating food in restaurants is several times the cost of the same food when we prepare it at home. Therefore, let us be good stewards of the resources given to us. This is the style and way of living that we need to adopt, and we need to teach our children to do the same. It is not God’s will for man to waste money in restaurants. God’s will for man is to cook his own food.

God requested Ezekiel to bake his food, ***“Then he said unto me, Lo, I have given thee cow's dung for man's dung, and thou shalt prepare thy bread therewith” (Ezekiel 4:15 KJV)*** Nowadays, people are so satisfied with readymade food from restaurants which cost a fortune. They would rather drive to Pizza Hut, KFC, Burger King, Jollibee, and such places without thinking how much it would cost them. We need to cook and bake our food at home rather than eat processed food. It is sheer laziness, worldliness, and carelessness if we opt for readymade food. Imagine people are sitting at home and they have all the facilities for cooking but still they will order sweets and junk food just for the sake of the special taste. I can’t say either that they don’t have time. They are just lazy. The homemade sweets and food are also especially tasty to those who are trained to cook and eat at their homes and who had committed themselves to be good stewards in God’s sight.

Since some people are working, they feel they have the right to enjoy life by eating outside without going through the ordeal of cooking. But, if we live this way, then what are we teaching the people around us and the people under our care and our families and children? They will learn from us how to squander and live in debauchery, the same way the prodigal son lived and wasted the resources of his father. ***“12 And the younger of them said to his father, Father, give me the portion of goods that falleth to me. And he divided unto them his living. 13 And not many days after the younger son gathered all together, and took his***

*journey into a far country, and there wasted his substance with riotous living.” (Luke 15:12-13 KJV)*

***My dear and beloved:*** Those who live thriftily will pass a clear message to the people around them about the importance of stewardship and the need to preserve our resources so that we can invest into God’s work.

***My prayer:*** Father God I come before you in the name of Jesus who died on the cross for my sins to give me eternal life. Lord thank you for your word that teaches me your ways and the way to be a good steward of what you gives me and a good example to others. Lord I commit myself to implement them in my life and to teach them to my family, children, and disciples. Lord protects me and provides for me to continue to serve you. This is my prayer in Jesus name, Amen.

# Jesus christ



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